**AMDP 101:**

**Supervisor:** MC Barron 819-325-3333

**Head Coach:** Robbie Williams 778-793-5029

**Schedulers:** 604-905-2206

Thank you for coming to help.

**Time Line:**

**7:30 –** Meet in Whistler kids. Find head coach Robbie Williams. Picture attached:



Scan Flaiks and barcodes. Make sure you know which barcode is assigned to which flaik.

Put flaiks into strpey orange and black bucket.

Pro Tip: Take photo next to flaik.

Pro Tip 2: String them together/use a carabiner. Remember your flaik to identify.

**7:40 -** Meet on the ECBC patio, ready to catch gondola. Upload with morning session.

**8:00 –** Meet at whistler lightboard for warmup. Spilt into groups for morning session.

**9:00-9:05 –** Meet kids. Put flaiks on legs and warm up.

Leave at 9:05, if there are kids missing alert MC and Robbie. Go for a warmup lap and check back in to the lightboard.

Spare flaiks go back in the bucket.

**9:15-11:00 -** Ski with group (Drills, skills and exercises)

**11:00 -** Lunch in roundhouse, Pikas.

Kids clean up after themselves.

**11:30/45 -** Back out to ski (guided mileage/adventure skiing)

**2:30 -** Meet at Whistler lightboard for first pickup.

No need for signatures but verbal feedback to parents. Collect flaiks.

13-18yos can be let go if waiver has been singed.

(Not all kids will be picked up in this location)

**2:40-3:00** - Ski down/download to whistler village

Note: If athlete is going down to Creekside and has signed a release form they can be dropped at the top of Creekside gondola. Watch athlete download.

**3:00 -** Final pickup for remaining athletes. (As above)

9-12yos may leave from the bottom is release waiver has been signed.

**3:00-3:10 –** Return flaiks. Debrief with Robbie if any issues had occurred throughout the day.

**AMDP Rules**

* Nothing new after 2
* Buddy system for skiing trees
* No side hits on cat tracks, slow zones and in learning area’s
* Athletes are ok to ride chairs unsupervised if they can put the bar down. They have already received lift evacuation training.
* Don’t be afraid to refer to your safety manual (injury/separations, etc.)
* Terrain guidelines:

AMDP athletes have no terrain limitations. Terrain decision must be able to be justified.