

# **Blackcomb Daily Lessons**

Blackcomb daily lessons give children a great day on the mountain; they find the best places to safely ski, have fun and improve their skiing.

It is a daily program for 5-12-year-old children from never ever skiers to level 6.

### **Supervisors**

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# **Key Rules for Daily Lesson Instructors**

Please follow the WB Safety Manual at all times. This provides key information such as lift loading for children of this age and more.

Terrain choices are guided by the Whistler Kids terrain progression document and the terrain map.

WKids TM email.cdr (wbsnowschool.ca)

### Blackcomb Progression Chart Nov 12.18.cdr (wbsnowschool.ca)

Instructors need to have gained their internal 'Park 1' certification to take groups into the park. To ski double black runs, instructors need supervisor approval, parents to sign the double black waiver and the instructor needs to be 'Steeps 1' certified.



Figure 1: WB Safety Manual

Instructors manage risk very carefully. Instructors assess the children's ability and choose runs that comfortably fit within the children's ability range. Instructors leave a big margin for error between the children's maximum capability and the runs chosen by the instructor.

Instructors must stay with their class throughout the day. When you need a washroom break, please ask another instructor to watch over your children.

Instructors avoid skiing new terrain after 2pm due to skier tiredness. Mandatory download after ~2:45pm for levels 1-3 (adaptions to this general rule will be given in morning meeting). If in doubt due to skier tiredness or busyness of the ski run, download.

Cell phones are for work purposes (e.g. Blackcomb Base WhatsApp group) and emergency situations only.

#### **Daily Sign-in**

Ski instructors arrive for work at 8am for the daily pod meeting.

Parents and skiers are given a warm welcome at the entrance to the corral. Instructors check the skiers are prepared for skiing: correct clothing, correct equipment, lift pass and daily lesson safety ticket. Children are then given a Flaik (around the leg only) and the parents are asked if they have any dietary requirements, allergies or medical conditions. Check this information is on the safety ticket. If not, write it on. Medical conditions that require a conversation are done inside with the parents passing key information directly to the instructor who will then keep the child in their group all day.

#### Which level am I in?

New instructors use a report card, which has leveling guides, to help form their questions about which level each child is in.

## **Splits**

Each instructor shares their contact information with the staff around them (or uses the WhatsApp group) to potentially meet for a split. Instructors decide whether or not a split is needed based on their assessments of the children on the warm-up runs.

All children are watched and sorted into a higher/lower group or high/medium/low group.

Terrain for conducting splits:

- a. Green carpet for 1s
- b. Magic carpet for 2s and 3s (who you are unsure about)
- c. Magic chair for all other 3s
- d. Countdown for levels 4, 5 and 6

If children that are family or friends want to ski together and they are not of the same level, it needs to be clearly explained to the children and parents that they must be groups in a level of the lower ability child, and this will impact the speed at which the other child(ren) is able to ski.

Any time a child is moved groups, the new instructor MUST write their information onto the class card straight away.

# Lunchtime

At lunch and during any breaks, instructors and children take off their outerwear in an organized way and place into available sacks or buckets. Only the instructor gets up and down to get food and drinks.

Once the children have their food and a drink, the instructor sits with them to eat and engages in conversation with their group. Children can have more food/drink when the instructor has finished. The instructor then clears away each tray.

All children go to the washroom before the group goes skiing for the afternoon (no pee, no ski).

### End of the day

Instructors to return to the base for sign out at 3pm. Any groups that reach the bottom before 2:55 need to go up magic chair again. All children walk closely with the instructor to their level number. Instructors give feedback to parents at the end of the day and specifically share a skill that has been achieved by that child; they also inform parents if there has been an injury, incident or close call.

Give each parent a report card (which should consolidate your verbal feedback); parents sign out their children; and instructors add end levels to the class card.

Hand your class card in and have a debrief with your supervisor.