

Whistler Base Ultimate Groups 101

Summary: Daily adult group beginner lessons

Check-in Time: 9:10am

Check-in Location: Whistler Base Hut (beside stairs to GLC)

Morning Staff Meeting Time: 9:20am

Guests arrive: 9:30-9:45am

Gophers (Pros wearing yellow “?” armband) organize groups at Ultimate Groups tents and will assign lessons to instructors.

Sign out with Supervisor/Coordinator at the SS Hut, give your name, lesson level and number of students (this is how we trigger paying you so it’s IMPORTANT).

Full Day lesson goes on hill to 3:00pm. After 2:30pm, no skiing/snowboarding out with guests.

Lunch – have lunch with your guests; Longhorn or Garbo’s is best for base. Roundhouse is best for alpine.

For afternoon lessons (level 1 Never-ers ONLY)

Staff: meet at 12:30pm

Guest Arrive: 12:30pm-12:45pm

Afternoon Half day lesson goes to 3:00pm. After 2:30pm, no skiing/snowboarding out with guests.

Challenges

- Get to know your guests at the base before departing to confirm that guests are compatible; work with the Gopher and other Ultimate Groups instructors to manage splits (if possible, do not guarantee anything to guests);
- Boot/Binding/Ski/Board issues: do a quick check before leaving Base area, guest(s) will need to go to the rental shop at G1 to correct (unless they rented from a non-WB location)
- Student gets injured: contact patrol, get photo of RFID pass, you may continue with lesson when patrol doesn’t need you anymore; fill out Incident Report Form (available in Springs beside front desk) at end of day
- Instructor gets injured: you **MUST** visit First Aid Room at Blackcomb Admin building in Upper Village (*now open 7 days/week*) before going home; you must also let the supervisor on duty know
- Lost student: avoid by giving clear meeting locations & times and backup location (ie: returning to Olympic Chair after lunch, wait at the base of the chair)

Contacts

	Mobile	Office	Email
Patrol		604-935-5555	
Jamie Thompson - Spvr (Thu-Mon)	604-905-9962	604-938-2090	jamie.h.thompson@vailresorts.com
Marc Emerson - Spvr (Tues, Wed)	604-815-7267	604-905-2283	memerson2@vailresorts.com
Office (Michelle/Marlene)		604-938-7011	michelle.monroe@vailresorts.com
Base Hut		604-905-2249	
Nadio Hachey – Mgr (Mon-Fri)	604-698-7425	604-905-2091	nhachey@vailresorts.com

Ultimate Group levels – Whistler

Skiing

Level 1

Never skied

Goals	Balance, controlled wedge in a straight run, stop safely, fun
Terrain	Flat area and mini carpet
Develop	Athletic stance, confidence, pivoting

Level 1.5

Instructor code for “did not learn to stop safely, not ready for Level 2”

“Super”

Level 2

Controls speed with wedge, attempts turning

Goals	Manipulate speed with turn shape/terrain, fun
Terrain	Super carpet
Develop	Balance in motion & steering (blend of edge & lower body turning)

“Fantastic”

Level 2

Turns confidently without much performance

Goals	Rounder turns, more speed, fun
Terrain	Fantastic carpet
Develop	Balance & steering, emphasis on angulation (balance over the OS ski)

“Olympic”

Level 3

Rides chairlift, controls wide stance turns

Goals	Prepare for longer runs, wide parallel, fun
Terrain	Olympic chair: Fantastic run 1 st (skiers' right) then Fantastic or Foxy Hollow
Develop	Balance, speed management via steering skills, turn shape, & terrain

“Alpine”

Level 3

Confident with chairlifts and Foxy Hollow run

Goals	Adventure around the mountain, wide parallel, fun
Terrain	Emerald zone & beyond
Develop	Balance, coordination of steering skills with use of speed, turn shape, & terrain

Level 4

Able to ski parallel turns with pole plant. Can ski most blue runs, more advanced blues remain a challenge. Would like to explore more varied terrain.

Snowboarding

Level 1

Never snowboarded

Goals	Centered and mobile position, basics, stop safely, fun
Terrain	Flat area near base of mini carpet
QuickRide Steps	Basics, Sliding

“Mini Carpet”

Level 2

Controls speed with side slip

Goals	Manipulate speed with edging, pendulum, balance along the working edge, intro to turning, fun
Terrain	Mini Carpet
QuickRide Steps	Control, Turning

“SB Carpet”

Level 2

Turns without much performance

Goals	Turning both directions, pivot, fun
Terrain	Snowboard/Fantastic carpets
QuickRide Step	Turning

“Fantastic/

Olympic” Level 3

Turns with confidence & speed control, rides chairlift

Goals	Turning with the lower body, preparing for longer runs, fun
Terrain	Fantastic carpet Olympic chair
QuickRide Steps	Turning, Flow

“Alpine” Level 3

Confident with chairlifts and Foxy Hollow run

Goals	Adventure around the mountain, flexion/extension, flow, fun.
Terrain	Ego Bowl, Emerald zone
QuickRide Step	Flow. Speed = Shape, Size, Slope

Level 4

Can link turns and control speed on green runs outside of the learning area. Learning to turn with confidence on all green runs and easier blue runs. Can use all chairlifts.